

**BROOKLAND-LAKEVIEW
MENTAL HEALTH TRAINING
INITIATIVE
MENTAL HEALTH
FIRST AID RESOURCES**

1218 Batchelor Street
West Columbia, S.C. 29169
Email Address:
mentalhealth@brookland.cc

Executive Director
Cindy R. Cotton, Ed.D.
(803) 747-3519

Project Coordinator
Reginald Rearden
(803) 744-1961

Assessment Coordinator
Joan M. Harris

Adult Day Care Services

National Adult Day Services Association (NADSA)
<https://www.nadsa.org/locator/>
1-877-745-1440

Helping Hands | Adult Day Care
2010 State Street, Cayce, SC 29033
(803) 796-5192

Children & Youth Services

National Runaway Safeline | 1-800-621-4000

Resources for Special Populations
Gay, Lesbian, Bisexual, Transgender Support Resources

GLBT National Help Center
1-888-843-4564 | www.glnh.org

GLBT National Youth Talking
1-800-246-PRIDE (1-800-246-7743) | www.glnh.org/talking

Trevor Project Crisis Line – LGBTQ Youth
1-866-4-U-TREVOR (488-7386) | www.theTrevorProject.org

Gay & Lesbian Alliance Against Defamation (GLADD)
<https://www.glaad.org/resourcelist>

Other Resources

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner's HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

**Resources
Mental Health
in Crisis**



Mental Health Treatment and Counseling

National Suicide Prevention Lifeline

For Assistance in an emergency or crisis Dial 911
Call 1-800-273-TALK (8255); (press 1 for veterans, press 2 for Spanish)
Use **Lifeline Chat** on the web

Crisis Text Line

Text "HELLO" to 741741

Disaster Distress Helpline

Call or text 1-800-985-5990

Lexington County Community Mental Health Center

301 Palmetto Park Blvd, Lexington, S.C. 29072
Hours of Operation: M-F | 8:30 a.m. – 5:00 p.m.
Emergency Services

- Daytime Phone: (803) 996-1500 or (803) 359-3545 | Fax (803) 808-5392
- Suicide Prevention and 24/7 Crisis Hotline : Phone : 1-833-364-2274
- Deaf & Hard of Hearing: TDD#: 1-800-647-8600

Agape Counseling and Training Services, Inc.

Sheryl Mims Williams, Director
220 Stoneridge Drive, Suite 302, Columbia, SC 29210
Phone: (803) 779-2777 | (803) 779-5775 | Email: swilliams@agapects.com

Everyday Wellness | Ashley Young

801 Gervais St, Suite 201, Columbia, SC, 29016
Phone: (803) 888-6714 | (803) 537-1854 | Email: info@everydaywellness-sc.com

Department of Mental Health Crisis Team

833-364-2274

WOWE – Wheel of Well-Being for Everyone

Mental Health and Wellness App
Trinity Digital Solutions, LLC | Email: candace@trinitydigital.tech

Domestic Violence, Abuse, and Sexual Assault Resources

National Child Abuse Hotline - 1-800-4-A-CHILD (1-800-422-4453)

National Domestic Violence Hotline - 1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)
www.al-anon.alateen.org/local-meetings
www.draonline.org

National Sexual Assault Hotline - 1-800-656-HOPE (4673)

RAINN (Rape, Abuse & Incest National Network) - 1-800-656-HOPE (4673)
www.rainn.org

Food, Shelter, Temporary Housing, Rental and Utilities Assistance

U.S. Department of Housing & Urban Development (HUD) Resource Locator

<https://resources.hud.gov/>

The Brookland Foundation | Mr. Kristopher J. Jones, Director of Development

1218 Batchelor Street, West Columbia, S.C. 29169
Phone: (803) 744-7914 | Email: kjones@brookland.cc
Rental Assistance | Utilities Assistance | Emergency Housing

Lexington Samaritan's Well | Senior Housing

129 Gibson Court, Lexington, S.C. 29072, Phone: (803) 785-4357

Oliver Gospel Mission/Shelter for Men

1100 Taylor Street, Columbia, SC 29201
(803) 254-6470 | OGM@olivergospel.org

Shelter for Women and Children | (803) 567-2201

Clothing - Thrift Store | 10012 Two Notch Road
Columbia, S.C. | (803) 865-8292

Feeding America

<https://www.feedingamerica.org/find-your-local-foodbank>

The Feeding America nationwide network of food banks and food programs helps millions of people find food and grocery help in their communities every year.

Harvest Hope Food Bank

2220 Shop Road, Columbia, SC 29201
(803) 254-4432

Brookland Community Food Bank | Food Services

1218 Batchelor Street, West Columbia, S.C. 29169
Every Monday | 11:00 am to 1:00 pm & Every 3rd Saturday of the Month
(803) 744-7914 | kjones@brookland.cc

Brookland-Lakeview Empowerment Center

1218 Batchelor Street, West Columbia, S.C. 29169
(803) 744-7943 | Mobile : (803) 747-3519 | lakeview@brookland.cc

- Diabetic Supplemental Food Boxes | 2nd Friday of each month | 9 am to 12 pm
- Senior Citizen Supplemental Food Boxes | 2nd Friday of each month | 9 am to 12 pm

Diabetes Intervention Program, Mental Health First Aid Training, Afterschool, Summer Camp, Youth Athletic Programs

National - <https://findahealthcenter.hrsa.gov/> or call 1-877-464-4772

Brookland-Lakeview Empowerment Center

1218 Batchelor Street, West Columbia, S.C. 29169
(803) 744-7943

- Diabetes Intervention Program | Contact Dara Brown or Matthew Garcia | Phone: (803) 744-1968 or (803) 744-1969 | Email: DIP@brookland.cc
- Mental Health First Aid Training | Contact Reginald Rearden | Phone: (803) 744-1961 or 744-1975 | Email: mentalhealth@brookland.cc
- Youth Educational Programs and Community Athletic Programs | lakeview@brookland.cc

Cash Assistance and Food Stamps

Lexington County Social Services Department

1070 South Lake Drive, Lexington, S.C. 29073
(803) 785-7333
Temporary Assistance for Needy Families (TANF) | Supplemental Nutrition Assistance Program (SNAP) | Work Programs | Domestic Violence | Childcare Assistance | Child Support Foster Care & More

Medical Services

National Health Resources and Services Administration

<https://www.hrsa.gov/get-health-care/index.html>

The Good Samaritan Clinic

No-cost medical care to under-served communities in S.C.
1316 Leaphart Street, West Columbia, S.C. 29169
(803) 796-4484 | www.goodsamaritansc.org

Alcohol and Substance Abuse Counseling

National Substance Abuse and Mental Health Services Administration (SAMHSA)

<https://www.samhsa.gov/find-help/national-helpline> 1-800-662-HELP (4357)

SAMHSA's National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. www.theNationalCouncil.org (click on "Find a Provider")

National Alliance on Mental Illness (NAMI) Information Helpline provides information and referral services. 1-800-950-NAMI (6264)

Lexington/Richland Alcohol and Abuse Council (LRADAC)

Alcohol and Substance Abuse Counseling and Treatment
1068 South Lake Drive, Lexington, SC 29073 | 2711 Colonial Dr. Columbia, SC 29203
803-726-9300 (Columbia) | 803-726-9400 (Lexington)

The Courage Center

860 Park Road, Lexington SC 29072

Crisis Hotline for Veterans and Suicide Prevention Lifeline

National Suicide Prevention Lifeline | 1-800-273-8255 (Talk) Free & confidential

National Veteran's Crisis Hotline | 1-800-273-8255 (Talk) Free & confidential

Wm. Jennings Bryan Dorn Department of Veterans Affairs Medical Center

24/7 help
6439 Garners Ferry Road, Columbia, SC 29209-1638
Main phone: 803-776-4000 | Mental health clinic: 803-776-4000 x6823

