Debunking the Myths Surrounding Resident Choice and Dysphagia

Dr. Amber Heape

|  |  |
| --- | --- |
| **True or False?** | **Notes** |
| If a patient is noncompliant, they are required to sign a waiver to consume what they want. |  |
| In residential care settings, the diet the SLP recommends is what the patient must consume. |  |
| The SLP’s recommendation is always best! |  |
| If a patient is noncompliant with our recommendations, we should discharge them. |  |
| If the patient is at risk for aspiration, we must recommend an altered consistency. |  |
| Family members and patients who are noncompliant don’t care. |  |